

# Concentration of Measure Inequalities in Information Theory, Communications, and Coding

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## **Concentration of Measure Inequalities in Information Theory, Communications, and Coding**

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## Abstract

During the last two decades, concentration inequalities have been the subject of exciting developments in various areas, including convex geometry, functional analysis, statistical physics, high-dimensional statistics, pure and applied probability theory (e.g., concentration of measure phenomena in random graphs, random matrices, and percolation), information theory, theoretical computer science, and learning theory. This monograph focuses on some of the key modern mathematical tools that are used for the derivation of concentration inequalities, on their links to information theory, and on their various applications to communications and coding. In addition to being a survey, this monograph also includes various new recent results derived by the authors.

The first part of the monograph introduces classical concentration inequalities for martingales, as well as some recent refinements and extensions. The power and versatility of the martingale approach is exemplified in the context of codes defined on graphs and iterative decoding algorithms, as well as codes for wireless communication.

The second part of the monograph introduces the entropy method, an information-theoretic technique for deriving concentration inequalities. The basic ingredients of the entropy method are discussed first in the context of logarithmic Sobolev inequalities, which underlie the so-called functional approach to concentration of measure, and then from a complementary information-theoretic viewpoint based on transportation-cost inequalities and probability in metric spaces. Some representative results on concentration for dependent random variables are briefly summarized, with emphasis on their connections to the entropy method. Finally, we discuss several applications of the entropy method to problems in communications and coding, including strong converses, empirical distributions of good channel codes, and an information-theoretic converse for concentration of measure.

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# 1

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## Introduction

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### 1.1 An overview and a brief history

Concentration-of-measure inequalities provide bounds on the probability that a random variable  $X$  deviates from its mean, median or other typical value  $\bar{x}$  by a given amount. These inequalities have been studied for several decades, with some fundamental and substantial contributions during the last two decades. Very roughly speaking, the concentration of measure phenomenon can be stated in the following simple way: “A random variable that depends in a smooth way on many independent random variables (but not too much on any of them) is essentially constant” [1]. The exact meaning of such a statement clearly needs to be clarified rigorously, but it often means that such a random variable  $X$  concentrates around  $\bar{x}$  in a way that the probability of the event  $\{|X - \bar{x}| \geq t\}$ , for a given  $t > 0$ , decays exponentially in  $t$ . Detailed treatments of the concentration of measure phenomenon, including historical accounts, can be found, e.g., in [2], [3], [4], [5], [6] and [7].

In recent years, concentration inequalities have been intensively studied and used as a powerful tool in various areas. These include convex geometry, functional analysis, statistical physics, statistics, dynam-

ical systems, pure and applied probability (random matrices, Markov processes, random graphs, percolation), information theory, coding theory, learning theory, and theoretical computer science. Several techniques have been developed so far to establish concentration of measure. These include:

- The martingale approach (see, e.g., [6, 8, 9], [10, Chapter 7], [11, 12]), and its information-theoretic applications (see, e.g., [13] and references therein, [14]). This methodology will be covered in Chapter 2, which is focused on concentration inequalities for discrete-time martingales with bounded jumps, as well as on some of their potential applications in information theory, coding and communications. A recent interesting avenue that follows from the martingale-based inequalities that are introduced in this chapter is their generalization to random matrices (see, e.g., [15] and [16]).
- The entropy method and logarithmic Sobolev inequalities (see, e.g., [3, Chapter 5], [4] and references therein). This methodology and its many remarkable links to information theory will be considered in Chapter 3.
- Transportation-cost inequalities that originated from information theory (see, e.g., [3, Chapter 6], [17], and references therein). This methodology, which is closely related to the entropy method and log-Sobolev inequalities, will be considered in Chapter 3.
- Talagrand's inequalities for product measures (see, e.g., [1], [6, Chapter 4], [7] and [18, Chapter 6]) and their links to information theory [19]. These inequalities proved to be very useful in combinatorial applications (such as the study of common and/or increasing subsequences), in statistical physics, and in functional analysis. We do not discuss Talagrand's inequalities in detail.
- Stein's method (or the method of exchangeable pairs) was recently used to prove concentration inequalities (see, e.g., [20], [21], [22] and [23]).

- Concentration inequalities that follow from rigorous methods in statistical physics (see, e.g., [24, 25, 26, 27, 28, 29, 30, 31]).
- The so-called reverse Lyapunov inequalities were recently used to derive concentration inequalities for multi-dimensional log-concave distributions [32] (see also a related work in [33]). The concentration inequalities in [32] imply an extension of the Shannon–McMillan–Breiman strong ergodic theorem to the class of discrete-time processes with log-concave marginals.

We do not address the last three items in this tutorial.

We now give a synopsis of some of the main ideas underlying the martingale approach (Chapter 2) and the entropy method (Chapter 3). Let  $f: \mathbb{R}^n \rightarrow \mathbb{R}$  be a function that has *bounded differences*, i.e., the value of  $f$  changes at most by a bounded amount whenever any of its  $n$  input variables is changed arbitrarily while others are held fixed. A common method for proving concentration of such a function of  $n$  independent RVs around its expected value  $\mathbb{E}[f]$  revolves around so-called McDiarmid’s inequality or the “independent bounded-differences inequality” [6]. This inequality was originally proved via the martingale approach. Although the proof of this inequality has some similarity to the proof of the well-known Azuma–Hoeffding inequality, the bounded-difference assumption on  $f$  yields an improvement by a factor of 4 in the exponent. Some of its nice applications to algorithmic discrete mathematics were discussed in, e.g., [6, Section 3].

The Azuma–Hoeffding inequality is by now a well-known tool that has been often used to establish concentration results for discrete-time martingales whose jumps are bounded almost surely. It is due to Hoeffding [9], who proved this inequality for a sum of independent and bounded random variables, and to Azuma [8], who later extended it to bounded-difference martingales. This inequality was introduced to the computer science literature by Shamir and Spencer [34], who used it to prove concentration of the chromatic number for random graphs around its expected value. The chromatic number of a graph is defined as the minimal number of colors required to color all the vertices of this graph, so that no two adjacent vertices have the same color. Shamir and Spencer [34] established concentration of the chromatic number for

the so-called *Erdős–Rényi* ensemble of random graphs, where any pair of vertices is connected by an edge with probability  $p \in (0, 1)$ , independently of all other edges. It is worth noting that the concentration result in [34] was established without knowing the expected value of the chromatic number over this ensemble. This technique was later imported into coding theory in [35], [36] and [37], especially for exploring concentration phenomena pertaining to codes defined on graphs and iterative message-passing decoding algorithms. The last decade has seen an ever-expanding use of Azuma–Hoeffding inequality for proving concentration of measure in coding theory (see, e.g., [13] and references therein). In general, all these concentration inequalities serve to justify theoretically the ensemble approach to codes defined on graphs. However, much stronger concentration phenomena are observed in practice. The Azuma–Hoeffding inequality was also recently used in [38] for the analysis of probability estimation in the rare-events regime, where it was assumed that an observed string is drawn i.i.d. from an unknown distribution, but both the alphabet size and the source distribution vary the block length (so the empirical distribution does not converge to the true distribution as the block length tends to infinity). We also note that the Azuma–Hoeffding inequality was extended from martingales to “centering sequences” with bounded differences [39]; this extension provides sharper concentration results for, e.g., sequences that are related to sampling without replacement. In [40], [41] and [42], the martingale approach was also used to derive achievable rates and random coding error exponents for linear and nonlinear additive white Gaussian noise channels (with or without memory).

However, as pointed out by Talagrand [1], “for all its qualities, the martingale method has a great drawback: it does not seem to yield results of optimal order in several key situations. In particular, it seems unable to obtain even a weak version of concentration of measure phenomenon in Gaussian space.” In Chapter 3 of this tutorial, we focus on another set of techniques, fundamentally rooted in information theory, that provide very strong concentration inequalities. These techniques, commonly referred to as the *entropy method*, have originated in the work of Michel Ledoux [43], who found an alternative route to a class

of concentration inequalities for product measures originally derived by Talagrand [7] using an ingenious inductive technique. Specifically, Ledoux noticed that the well-known Chernoff bounding trick, which is discussed in detail in Section 2.2.1 and which expresses the deviation probability of the form  $\mathbb{P}(|X - \bar{x}| > t)$ , for an arbitrary  $t > 0$ , in terms of the moment-generating function (MGF)  $\mathbb{E}[\exp(\lambda X)]$ , can be combined with the so-called *logarithmic Sobolev inequalities*, which can be used to control the MGF in terms of the relative entropy.

Perhaps the best-known log-Sobolev inequality, first explicitly referred to as such by Leonard Gross [44], pertains to the standard Gaussian distribution in Euclidean space  $\mathbb{R}^n$ , and bounds the relative entropy  $D(P\|G_n)$  between an arbitrary probability distribution  $P$  on  $\mathbb{R}^n$  and the standard Gaussian measure  $G_n$  by an “energy-like” quantity related to the squared norm of the gradient of the density of  $P$  w.r.t.  $G_n$ . By a clever analytic argument which he attributed to an unpublished note by Ira Herbst, Gross has used his log-Sobolev inequality to show that the logarithmic MGF  $\Lambda(\lambda) = \ln \mathbb{E}[\exp(\lambda U)]$  of  $U = f(X^n)$ , where  $X^n \sim G_n$  and  $f: \mathbb{R}^n \rightarrow \mathbb{R}$  is any sufficiently smooth function with  $\|\nabla f\| \leq 1$ , can be bounded as  $\Lambda(\lambda) \leq \lambda^2/2$ . This bound then yields the optimal Gaussian concentration inequality  $\mathbb{P}(|f(X^n) - \mathbb{E}[f(X^n)]| > t) \leq 2 \exp(-t^2/2)$  for  $X^n \sim G_n$ . (It should be pointed out that the Gaussian log-Sobolev inequality has a curious history, and seems to have been discovered independently in various equivalent forms by several people, e.g., by Stam [45] in the context of information theory, and by Federbush [46] in the context of mathematical quantum field theory. Through the work of Stam [45], the Gaussian log-Sobolev inequality has been linked to several other information-theoretic notions, such as concavity of entropy power [47, 48, 49].)

In a nutshell, the entropy method takes this idea and applies it beyond the Gaussian case. In abstract terms, log-Sobolev inequalities are functional inequalities that relate the relative entropy between an arbitrary distribution  $Q$  w.r.t. the distribution  $P$  of interest to some “energy functional” of the density  $f = dQ/dP$ . If one is interested in studying concentration properties of some function  $U = f(Z)$  with  $Z \sim P$ , the core of the entropy method consists in

applying an appropriate log-Sobolev inequality to the *tilted distributions*  $P^{(\lambda f)}$  with  $dP^{(\lambda f)}/dP \propto \exp(\lambda f)$ . Provided the function  $f$  is well-behaved in the sense of having bounded “energy,” one can use the Herbst argument to pass from the log-Sobolev inequality to the bound  $\ln \mathbb{E}[\exp(\lambda U)] \leq c\lambda^2/(2C)$ , where  $c > 0$  depends only on the distribution  $P$ , while  $C > 0$  is determined by the energy content of  $f$ . While there is no general technique for deriving log-Sobolev inequalities, there are nevertheless some underlying principles that can be exploited for that purpose. We discuss some of these principles in Chapter 3. More information on log-Sobolev inequalities can be found in several excellent monographs and lecture notes [3, 5, 50, 51, 52], as well as in recent papers [53, 54, 55, 56, 57] and references therein.

Around the same time that Ledoux first introduced the entropy method in [43], Katalin Marton showed in a breakthrough paper [58] that one can bypass functional inequalities and work directly on the level of probability measures. More specifically, Marton has shown that Gaussian concentration bounds can be deduced from so-called *transportation-cost inequalities*. These inequalities, discussed in detail in Section 3.4, relate information-theoretic quantities, such as the relative entropy, to a certain class of distances between probability measures on the metric space where the random variables of interest are defined. These so-called *Wasserstein distances* have been the subject of intense research activity that touches upon probability theory, functional analysis, dynamical systems, partial differential equations, statistical physics, and differential geometry. A great deal of information on this field of *optimal transportation* can be found in two books by Cédric Villani — [59] offers a concise and fairly elementary introduction, while a more recent monograph [60] is a lot more detailed and encyclopedic. Multiple connections between optimal transportation, concentration of measure, and information theory are also explored in [17, 19, 61, 62, 63, 64, 65]. We also note that Wasserstein distances have been used in information theory in the context of lossy source coding [66, 67, 68].

The first explicit invocation of concentration inequalities in an information-theoretic context appears in the work of Ahlswede et

al. [69, 70]. These authors have shown that a certain delicate probabilistic inequality, which was referred to as the “blowing up lemma,” and which we now (thanks to the contributions by Marton [58, 71]) recognize as a Gaussian concentration bound in Hamming space, can be used to derive strong converses for a wide variety of information-theoretic problems, including some multiterminal scenarios. The importance of sharp concentration inequalities for characterizing fundamental limits of coding schemes in information theory is evident from the recent flurry of activity on *finite-blocklength* analysis of source and channel codes (see, e.g., [72, 73, 74, 75, 76, 77, 78, 79]). Thus, it is timely to revisit the use of concentration-of-measure ideas in information theory from a modern perspective. We hope that our treatment, which, above all, aims to distill the core information-theoretic ideas underlying the study of concentration of measure, will be helpful to researchers in information theory and related fields.

## 1.2 A reader’s guide

This tutorial is mainly focused on the interplay between concentration of measure and information theory, as well as applications to problems related to information theory, communications and coding. For this reason, it is primarily aimed at researchers and graduate students working in these fields. The necessary mathematical background is real analysis, elementary functional analysis, and a first graduate course in probability theory and stochastic processes. As a refresher textbook for this mathematical background, the reader is referred, e.g., to [80].

Chapter 2 on the martingale approach is structured as follows: Section 2.1 lists key definitions pertaining to discrete-time martingales, while Section 2.2 presents several basic inequalities (including the celebrated Azuma–Hoeffding and McDiarmid inequalities) that form the basis of the martingale approach to concentration of measure. Section 2.3 focuses on several refined versions of the Azuma–Hoeffding inequality under additional moment conditions. Section 2.4 discusses the connections of the concentration inequalities introduced in Section 2.3 to classical limit theorems of probability theory, including central limit theorem for martingales and moderate deviations principle for i.i.d.

real-valued random variables. Section 2.5 forms the second part of the chapter, applying the concentration inequalities from Section 2.3 to information theory and some related topics. Section 2.6 gives a brief summary of the chapter.

Several very nice surveys on concentration inequalities via the martingale approach are available, including [6], [10, Chapter 11], [11, Chapter 2] and [12]. The main focus of Chapter 2 is on the presentation of some old and new concentration inequalities that form the basis of the martingale approach, with an emphasis on some of their potential applications in information and communication-theoretic aspects. This makes the presentation in this chapter different from the aforementioned surveys.

Chapter 3 on the entropy method is structured as follows: Section 3.1 introduces the main ingredients of the entropy method and sets up the major themes that recur throughout the chapter. Section 3.2 focuses on the logarithmic Sobolev inequality for Gaussian measures, as well as on its numerous links to information-theoretic ideas. The general scheme of logarithmic Sobolev inequalities is introduced in Section 3.3, and then applied to a variety of continuous and discrete examples, including an alternative derivation of McDiarmid's inequality that does not rely on martingale methods and recovers the correct constant in the exponent. Thus, Sections 3.2 and 3.3 present an approach to deriving concentration bounds based on *functional* inequalities. In Section 3.4, concentration is examined through the lens of geometry in probability spaces equipped with a metric. This viewpoint centers around intrinsic properties of probability measures, and has received a great deal of attention since the pioneering work of Marton [71, 58] on transportation-cost inequalities. Although the focus in Chapter 3 is mainly on concentration for product measures, Section 3.5 contains a brief summary of a few results on concentration for functions of dependent random variables, and discusses the connection between these results and the information-theoretic machinery that has been the subject of the chapter. Several applications of concentration to problems in information theory are surveyed in Section 3.6. Section 3.7 concludes with a brief summary.

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