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Reinforcement Learning Meets the Power Grid: A Contemporary Survey with Emphasis on Safety and Multi-agent Challenges

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ABSTRACT

Modern power systems face increasing challenges from renewable energy integration, distributed resources, and complex operational requirements. This survey examines Safe Reinforcement Learning (Safe RL) as a framework for maintaining reliable power system operation while optimizing performance. We review both model-free and model-based approaches, analyzing how different safety constraints and architectures can be implemented in practice. The survey explores multi-agent frameworks for coordinated control in distributed settings and examines runtime assurance methods that provide formal safety guarantees. Applications span various timescales, from frequency regulation to demand management, with different safety requirements and operational contexts. Through analysis of current simulation environments and practical implementations, we identify remaining challenges in scaling safe RL to large power systems, handling uncertainty, and integration with existing infrastructure.

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Introduction

1.1 Modern Power System Challenges

The ongoing evolution of power systems presents a multifaceted challenge: *ensuring safe and reliable operation amidst a dynamic and uncertain environment*. This necessitates not only achieving performance objectives but also adhering to diverse constraints encompassing operational limits, regulatory compliance, and environmental goals.

Key challenges in modern power systems include:

- *Uncertainty and Variability Challenges*: The integration of intermittent renewables, volatile demand, climate change impacts, and market price fluctuations introduce significant uncertainty, making it challenging to predict and manage power supply and demand.
- *Complexity and Scale Challenges*: Decentralization, diverse technologies (e.g., electric vehicles), interconnected grids, and increased digital reliance create a complex and multifaceted power system requiring sophisticated coordination and holistic management.
- *Reliability and Resilience Challenges*: Reduced system inertia and the increasing frequency of natural disasters necessitate rapid

response capabilities and robust recovery strategies to ensure grid stability and continuity of service.

- *Environmental and Regulatory Challenges*: Balancing the stringent environmental goals (e.g., reduce carbon emissions) with system stability and navigating complex regulations is crucial for ensuring a sustainable and resilient energy future.

1.2 Overview of Safe RL Applications in Power Systems

RL, with its adaptive learning capabilities, ability to handle high-dimensional spaces, and sequential decision-making framework, aligns well with the dynamic and complex nature of modern power grids. Furthermore, RL in its multi-agent form is essential for addressing the increasing complexity and scale of power systems, allowing for effective coordination of distributed energy resources, including electric vehicles, and management of intricate grid topologies. By learning from real-time interactions with the environment and optimizing for long-term rewards, RL has the potential to develop sophisticated control policies that outperform traditional rule-based systems. This could lead to more autonomous, efficient, and resilient power system operations (Figure 1.1).

Table 1.1 outlines seven critical power system applications where safe RL shows promise. These applications span economic optimization (Optimal Power Flow (OPF), energy management), system stability (frequency control, Volt-Var Control (VVC)), and reliability (Critical Load Restoration (CLR), Distribution Network Reconfiguration (DNR)). The need to handle uncertainties from renewable energy sources (RES) and variable demands, alongside the inherent complexity of power systems, makes these applications well-suited for RL approaches.

Safety constraints are application-specific, reflecting diverse objectives and operational contexts. For instance, OPF prioritizes voltage and line flow limits, while frequency control focuses on frequency stability and Rate of Change of Frequency (RoCoF). These constraints define the boundaries for RL agent operation. Across all applications, violations of safety constraints could lead to equipment damage, system instability, regulatory non-compliance, or service disruptions.

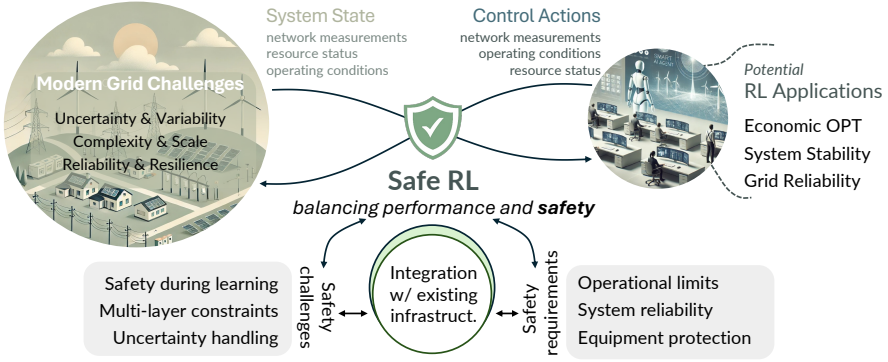


Figure 1.1: Safe RL for modern power systems. The framework processes system states, which may comprise of network measurements (voltage magnitude/angles at buses, active/reactive power flows, system frequency), resource status (generation outputs, storage SOC, RES availability), and operating conditions (load patterns, network topology, equipment status). The Safe RL module needs to address key challenges including safety during learning, multi-layered constraints, and uncertainty handling. It determines control actions, e.g., economic operations (generator setpoints, storage schedules), grid stability (AGC signals, reactive power control, tap changes), and emergency control (load restoration, network reconfiguration), while adhering to safety constraints (e.g., voltage bounds 0.95-1.05 pu, frequency ranges 59.8-60.2 Hz, thermal limits, stability margins, N-1 security). This can be typically implemented as either a safety layer on top of RL or as a simplex architecture (see Section 5). This enables various RL applications spanning economic optimization (OPF, energy management), system stability (frequency control, VVC), and grid reliability (load restoration, network reconfiguration).

The diversity of decision variables (continuous, discrete, mixed) across applications influences RL algorithm selection. Additionally, applications span transmission and distribution levels, each with unique challenges: transmission-level applications (e.g., OPF) often involve larger-scale considerations, while distribution-level applications (e.g., VVC) face higher uncertainty due to limited information.

The diverse requirements across power system applications create a complex landscape for safe RL. Real-time transmission-level applications (e.g., frequency control) necessitate rapid decision-making with continuous variables under strict safety constraints, whereas distribution-level applications (e.g., DNR) allow for more computational time but involve discrete decisions and complex network topology constraints.

Table 1.1: Overview of power system applications for safe RL. V: Voltage, Q: Reactive Power. Time scales – RT: Real-time, S: Short-term (minutes to hours), M: Medium-term (hours to days). System levels – D: Distribution, T: Transmission. Action types - C: Continuous, D: Discrete, M-D/C: Mixed Discrete-Continuous.

	Objective	Challenges	Why RL?	Safety	Features
OPF	min. costs w/ constraints	RES uncertainty, fast computation	fast decisions, adaptability	V limits, line flows, oper. limits	S; M-D/C; T
Energy Mgmt.	balance sup- ply/demand, min. costs	gen./ demand uncertainty, prices	adapt, learn strategies	grid stability, V levels	S-M; M-D/C; D/T
Freq. control	maintain freq. in range	uncertain- ties, RES dynamics	adapt to rapid changes	freq. stability, RoCoF	RT; C; T/D
VVC	manage V profiles, Q flow	V fluctuations, rev. power flow	coord. control w/o full info	V range, device limits	S; M-D/C; D
CLR	restore critical loads	multi-step decisions, DER uncertainty	handle complexity, uncertainty	power flow constraints, stability	S; M-D/C; D
DNR	optimize feeder topology	incomplete info, computation	RT application, handle uncertainty	radial, V/f stability	M; D; D
EV charg- ing	optimize charging schedules	variable demand, RES integration	adapt to changing conditions	grid stability, V levels	S-M; C; D

1.3 Safe RL: Bridging the Gap to Power System Applications

The primary challenge of applying standard RL to power systems is ensuring safety, given the potential for catastrophic consequences in this critical infrastructure, ranging from equipment damage and financial losses to life-threatening blackouts. Standard RL faces limitations in addressing power system safety due to:

- *Safety During Decision-Making:* One of the foremost challenges identified is ensuring safety during the learning and decision-

making processes. As power systems operate under dynamic conditions, Safe RL (SRL) algorithms must guarantee safe performance while adapting to real-time changes in the environment. Failure to maintain safety can lead to critical system failures, emphasizing the need for robust safety mechanisms in RL applications

- *Multi-layered & Dynamic Constraints:* Power system constraints span various levels (e.g., physical equipment limitations, system-level stability requirements, regulatory rules) and can change over time, making comprehensive handling difficult for standard RL.
- *Handling Uncertainties:* Another significant challenge is managing the uncertainties that are prevalent in power system operations, such as fluctuations in demand and variability in renewable energy sources. SRL techniques must be capable of effectively coping with these uncertainties to make reliable predictions and decisions. Studies have indicated that existing algorithms often struggle with robustness in uncertain environments, impacting their practical applicability.
- *Complex Safety-Performance Trade-offs:* Finding the right balance between safety and optimal performance poses an ongoing challenge. Overly conservative safety constraints can hinder the efficiency of power systems, while inadequate focus on safety may lead to operational risks. Balancing these competing priorities is essential for the successful application of SRL.
- *Scalability & Uncertainty:* Ensuring system-wide safety while coordinating numerous distributed resources and handling rare events under uncertainty poses a significant challenge.
- *Integration with Existing Infrastructure:* Integrating SRL approaches with existing power system infrastructure also presents challenges. Many current systems were not designed with advanced machine learning strategies in mind, making it difficult to implement SRL solutions directly. The need for seamless integration is critical to harness the benefits of RL without disrupting existing operations.

These limitations reveal persistent challenges that must be addressed by SRL to ensure safe, efficient, and reliable operations in evolving energy landscapes. It's not merely an incremental improvement but a crucial adaptation designed to address the unique safety challenges of power systems. By prioritizing safety from the outset, SRL ensures operational safety, regulatory compliance, and risk mitigation, thus helping pave the way for wider adoption of RL in this critical domain.

1.4 Safe RL Formulations for Power Systems

RL is formulated as Markov Decision Processes (MDPs), defined by the tuple $\mathcal{M} := \langle \mathcal{S}, \mathcal{A}, \mathbb{P}, r, \gamma, \rho \rangle$, where \mathcal{S} represents the state space, \mathcal{A} the action space, $\mathbb{P} : \mathcal{S} \times \mathcal{A} \rightarrow \Delta(\mathcal{S})$ the transition function governing state transitions based on actions, $r : \mathcal{S} \times \mathcal{A} \rightarrow \mathbb{R}$ the reward function quantifying the desirability of state-action pairs, $\gamma \in [0, 1)$ the discount factor weighing future rewards, and $\rho \in \Delta(\mathcal{S})$ the initial state distribution. In power systems, as illustrated in Figure 1.1, $s_t \in \mathcal{S}$ includes system states such as network measurements, resources status and operating conditions, while $a_t \in \mathcal{A}$ could represent control actions such as economic operations, grid stability and emergency control.

A common performance measure is the expected cumulative reward discounted over the infinite horizon:

$$J_r(\pi) := \mathbb{E}_\pi \left[\sum_{t=0}^{\infty} \gamma^t r(s_t, a_t) \right] \quad (1.1)$$

Here, $\mathbb{E}_\pi[\cdot]$ denotes expectation over trajectory $\tau = (s_0, a_0, s_1, \dots)$ under policy π and stochastic transition dynamics \mathbb{P} : $s_0 \sim \rho$, $a_t \sim \pi(\cdot|s_t)$, $s_{t+1} \sim \mathbb{P}(\cdot|s_t, a_t)$. To make the dependence on state and action explicit, we express the on-policy value function as $V_r^\pi(s) := \mathbb{E}_\pi[\sum_{t=0}^{\infty} \gamma^t r(s_t, a_t) | s_0 = s]$, the on-policy action-value function (or Q function) as $Q_r^\pi(s, a) := \mathbb{E}_\pi[\sum_{t=0}^{\infty} \gamma^t r(s_t, a_t) | s_0 = s, a_0 = a]$, and the advantage function as $A_r^\pi(s, a) := Q_r^\pi(s, a) - V_r^\pi(s)$. Another often used quantity is the discounted future state distribution (or occupancy measure), $d^\pi(s) := (1 - \gamma) \sum_{t=0}^{\infty} \gamma^t \mathbb{P}(s_t = s | \pi)$, which allows us to compactly express the difference in performance between two policies π' and π as

$$J_r(\pi') - J_r(\pi) = \frac{1}{1 - \gamma} \mathbb{E}_{s \sim d^{\pi'}, a \sim \pi'} [A_r^\pi(s, a)],$$

where we use the shorthand $a \sim \pi'$ for $a \sim \pi'(\cdot|s)$. See Kakade and Langford (2002) for the proof of this identity.

Safe RL, crucial for safety-critical power system applications, extends standard RL by incorporating safety constraints, formalized through Constrained Markov Decision Processes (CMDPs) (Altman, 2021). A CMDP is represented as $\mathcal{M} \cup \mathcal{C}$, where $\mathcal{C} := (c, \xi)$ is the constraint tuple. Here, $c : \mathcal{S} \times \mathcal{A} \rightarrow \mathbb{R}$ denotes the cost function associated with safety violations, and ξ is the corresponding cost threshold. While we consider single cost function for simplicity of presentation, multiple constraints can be incorporated with individual cost function and threshold. We define on-policy value functions V_c^π , action-value functions Q_c^π , and advantage functions A_c^π for the cost in analogy to V_r^π , Q_r^π , and A_r^π with c replacing r in their respective definitions.

The safe RL objective is to find a policy $\pi : \mathcal{S} \rightarrow \Delta(\mathcal{A})$ that maximizes the expected cumulative reward $J_r(\pi)$ while adhering to the safety constraint:

$$\max_{\pi \in \Pi} J_r(\pi) \quad \text{subject to} \quad \pi \in \Pi_{\text{safe}} \quad (1.2)$$

where Π is the set of all policies. Various safety formulations of $\pi \in \Pi_{\text{safe}}$ can be considered:

1. Expected Cumulative Safety Constraint: $\mathbb{E}_\pi [\sum_{t=0}^{\infty} \gamma^t c(s_t, a_t)] \leq \xi$. This ensures that the expected cumulative cost remains below a threshold ξ ; suitable for applications where occasional breaches are acceptable if the long-term average stays within safe limits, such as managing thermal loading, battery lifecycle, carbon emissions, or user comfort.
2. Expected Instantaneous Safety Constraint: $\mathbb{E}_\pi [c(s_t, a_t)] \leq \xi_t, \forall t$. This ensures the expected instantaneous cost remains below a threshold ξ_t at all times; suitable for applications where near-constant safety is crucial but occasional deviations are tolerable, such as managing voltage levels or EV charging rates.
3. Almost Surely Cumulative Safety Constraint: $\mathbb{P}_\pi [\sum_{t=0}^{\infty} \gamma^t c(s_t, a_t) \leq \xi] = 1$, where $\mathbb{P}_\pi(\cdot)$ represents probability under π and stochastic transition dynamics. This guarantees long-term safety with absolute certainty. It mandates that the cumulative cost remains

below a threshold ξ for *all possible trajectories* under policy π ; essential for critical applications like ensuring trajectory-wise grid stability, where even rare violations can have severe consequences.

4. Almost Surely Instantaneous Safety Constraint: $\mathbb{P}_\pi[c(s_t, a_t) \leq \xi_t] = 1, \quad \forall t$. This is the strictest safety guarantee, demanding that the instantaneous cost remains below a threshold ξ_t with absolute certainty at every time step; crucial for critical safety parameters in power systems, such as maintaining grid frequency within strict limits or ensuring every action during critical load restoration is safe and avoids further system damage.

The State Constraint can be applied to any constraint type, where the cost function directly penalizing entry into unsafe states $c(s, a) = \mathbb{I}(s \in \mathcal{S}_{\text{unsafe}})$, where $\mathcal{S}_{\text{unsafe}} \subset S$ is the set of unsafe states and $\mathbb{I}(\cdot)$ is the indicator function.

Cumulative constraints (1, 3) prioritize long-term average performance, allowing for temporary violations if compensated over time. They are suitable for slow-changing processes and systems where operational flexibility is needed. Instantaneous constraints (2, 4), on the other hand, ensure safety at every time step, which is crucial for fast-dynamic systems where even brief violations are critical. The choice between these should be guided by the system's dynamics, the criticality of immediate safety, and the need for operational flexibility.

Expectation-based constraints (1, 2) offer more flexibility and are generally easier to implement and solve computationally. They allow for occasional violations, making them suitable for less critical parameters or systems with some tolerance for safety breaches. This approach often leads to policies with greater operational freedom and can be advantageous in multi-objective scenarios where strict safety might overly constrain other important objectives. In contrast, probability-based (Almost Surely) constraints (3, 4) provide stronger, trajectory-wise guarantees, ensuring no violations occur.¹ They are appropriate for critical safety parameters and align well with strict regulatory

¹Probability-based constraints imply expectation-based ones: $\mathbb{P}_\pi[c(s_t, a_t) \leq \xi_t] = 1 \implies \mathbb{E}_\pi[c(s_t, a_t)] \leq \xi_t$. Conversely, expectation-based constraints can approximate probability-based ones: $\mathbb{E}_\pi[c(s_t, a_t)] \leq \frac{\xi_t}{\kappa} \implies \mathbb{P}_\pi[c(s_t, a_t) > \xi_t] \leq \frac{1}{\kappa}$ by Markov's inequality.

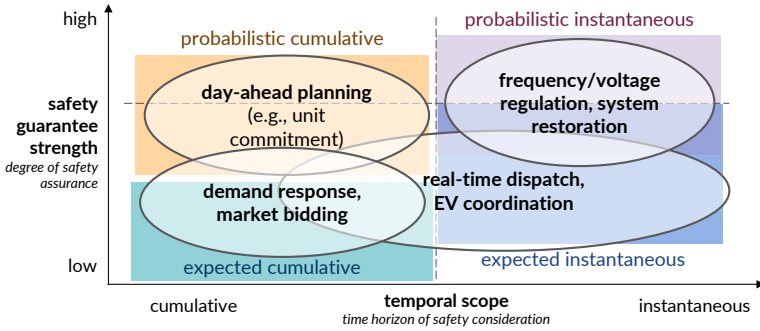


Figure 1.2: Safety constraint selection in power system applications spans a spectrum, from the most stringent for critical real-time operations like frequency/voltage regulation and system restoration, to more moderate levels for long-term planning and scheduling, and intermediate levels for grid-user interface management such as EV charging coordination. This adaptability of safe RL showcases its ability to balance the need for safety with the diverse operational requirements of power systems, ranging from strict real-time control to flexible long-term planning.

frameworks. However, these constraints may lead to more conservative policies and are typically more computationally intensive to implement and solve. The decision should consider the criticality of the safety parameter, regulatory requirements, available computational resources, and the system’s tolerance for violations.

In power systems, these safety constraint formulations find application in a wide range of control and optimization problems, balancing efficiency and safety. Critical, fast-acting systems may require probability-based instantaneous constraints, while less critical, slower-changing aspects can utilize expectation-based cumulative constraints. The choice of formulation depends on factors such as safety requirements, system dynamics, computational resources, and uncertainty characterization, often benefiting from a combination of these approaches.

For example, Risk-Aware MDPs (RA-MDPs) introduce risk measures such as Conditional Value-at-Risk (CVaR) to model safety risk: $\text{CVaR}_\beta \left(\sum_{t=0}^{\infty} \gamma^t c(s_t, a_t) \right) \leq \xi$. This constraint can be viewed as a variant of probability-based cumulative safety constraint and has been applied for managing risks associated with renewable energy integration and demand uncertainty (Yu *et al.*, 2024). Wu *et al.* (2024) apply probabilis-

tic constraints to manage voltage levels, line thermal limits, and ensure grid stability under high DER penetration, addressing both instantaneous and dynamic violations. These approaches offer more flexible safety management, allowing for occasional constraint violations while maintaining probabilistic guarantees. This is crucial in power systems where strict constraints may lead to overly conservative or infeasible solutions, particularly in the presence of uncertainties from renewable sources and dynamic loads. Figure 1.2 provides a visual representation organized by temporal scope and safety guarantee strength.

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